

THE COASTAL VALLEYS OF THE SIERRA BERMEJA MOUNTAIN RANGE

The Sierra Bermeja mountain range runs along the area between Manilva and Marbella, along the eastern reaches of the Málaga coast, consisting of four mountain ridges of similar origin. These are, from east to west: Sierra Real, Sierra de las Apretaderas, Sierra Palmitera and Sierra Bermeja. Characterised by their short length, a considerable number of watercourses run down from this range, particularly from Sierra Bermeja, the longest of which is the Guadalmanza River at 24 km. Another characteristic of these streams is the steep topography of their headwaters, with falls of more than 1000 m in height over a mere 15 to 20 km. It is worth pointing out that the volume of water they carry is significant at any time of year, which is not unusual considering that the annual rainfall in these mountains is between 1,200 and 1,500 mm. However, the most peculiar aspect is undoubtedly the soil which originates from a strange rock known as peridotite. Peridotite is rich in olivine, iron and very toxic heavy metals, despite which the pinsapo or Spanish fir tree (*Abies pinsapo*), an endemic fir tree of the Serranía de Ronda still flourishes in the Los Reales de Sierra Bermeja natural reserve. This lithological substrate gives rise to a host of endemic species of flowers found only in the Sierra Bermeja mountain range, which are the focal point for both research and the admiration of botanists and scientists generally. It is worth noting that the generic name for this mountain range stems from its red colour: the product of oxidation following contact with water and air.

The main river basins are: the Jordana, Vaquero, de Enmedio, Monterroso and Guadalobón streams; the Padrón and Castor rivers; the Velerín and de las Cañas streams, and the rivers Guadalmanza, Guadalmina, Guadaiza and Verde. The Concepción reservoir was built on the latter river in 1971. Later,

to guarantee the Costa del Sol water supply, the Guadalmanza, Guadalmina and Guadaiza were connected by a canal connecting these rivers to the reservoir.

There can be no doubt that these wild waters bring with them the gift of life to important ecosystems that have been acknowledged by the European Union as SACs (Special Areas of Conservation), but as they reach the narrow coastal belt their waters are mercilessly stripped from them due to the intensive use of water so closely associated with the tourist industry. Despite the insatiable appetite for building in the past decades, some of the landscapes near the mouths of the rivers have retained their cultural past, with market gardens and traditional crops which are farmed using irrigation and cropping techniques that are sustainable.

The strong runoff that occurs during the months when it is likely to rain, particularly in the autumn and spring, prevents these woodlands from harbouring riverine woodland. Only oleander, redoul, sedge and some willows withstand the onslaught of the spates which, additionally, create riverbeds covered in round boulders and an enormous jumble of rocks that have been dragged down by the current and others that have fallen from the banks. Despite all this, the fauna in this environment is as extensive as it is interesting. These Sierra Bermeja streams and rivers are the ideal habitat for some species of fish of considerable ecological value, like the Guadiana cyprinid (*Chondrostoma willkommii*), the Málaga chub (*Squalius malacitanus*) of the Genal River, the eel (*Anguilla anguilla*) and the freshwater blenny (*Salarias fluviatilis*). Some amphibians are also well represented, like the small spotted toad (*Discoglossus jeanae*), the Iberian parsley frog (*Pelodytes ibericus*) or the common fire salamander (*Salamandra longirostris*). The Odonata deserve a separate mention, as the riparian habitat for this family of insects is unbeatable, with the following being of particular interest: *Gomphus graslinii*, *Zygonyx torridus*, *Erythromma viridulum*, *Macromia splendens*, *Oxygastra curtisii*, etc.

Freshwater pools in the coastal river basins of the Sierra Bermeja range:

Charco del Canalón, charco de las Mozas, charca de las Nutrias and charca de la Extranjera.

Other bathing areas in the coastal river basins of the Sierra Bermeja range:

Bañeras del Velerín. Río Velerín: Follow the A-7 (Autovía del Mediterráneo) from Marbella to Estepona, and take the second turning on the right after passing the sign for kilometre 161. Drive up the Camino de Nicola for 3.2 km, turning right to drive under the AP-7 flyover and crossing over to the Velerín. There is a steep hill at this stage, and after 2.2 km the tarmac runs out at the entrance to a private property. Turn right at this point and drive along the dirt track. After 700 m, there is a wide enough layby for you to park. Follow the Camino de Marc Burca on the left (blocked by a gate, but with an entrance for pedestrians) until you reach the four plunge pools on the Velerín, each connected by lovely waterfalls.

Charcas del Abrón. Río Abrón: Go to the car park that you used to visit the Charca de la Extranjera. Walk up the track until the road ends. Take the Bosquecillo footpath along the left bank of the Abrón (the left as you face downstream) until you reach a low marshy field where you have to walk along the riverbed. First, you will see the Arroyo del Infierno on the left, and slightly further up, in the same direction, the Abrón, along the first 200 m of which lie several plunge pools with deep green waters, waterfalls and natural waterslides. The walk there and back is over 15 km long, so it is tough and demanding.



Charcas del Arroyo del Infierno. Arroyo del Infierno: After Estepona in the direction of Algeciras on the A-7 (Autovía del Mediterráneo), take exit 153 and on reaching the roundabout next to a petrol station (where there is another roundabout), take the road leading to Casares and the Los Pedregales Park. After 3.5 km turn right following the road leading to the ADANA facilities.



Charco del Canalón.

Your route meets the GR-249. If you follow the GR-249, this leads you to a ford from which you can descend to two beautiful pools, although you may also do so more easily from a winding dirt track where this meets a high voltage tower. Anyway, the largest pool lies behind the ADANA building, which you should find by following a footpath running off to the right before reaching the facilities. Access is complicated and requires orienteering skills.

Río Guadalmina / Benahavís

CHARCO DE LAS MOZAS**HOW TO GET THERE**

Finding this freshwater pool is quite easy. Access is from the road leading to Benahavís, the A-7175, at km 6.2. It is best to park just below the village and walk along the footpath along the side until reaching the dirt road leading to the pool. Another option, with a 1.5 km walk, consists of parking next to the chapel of Nuestra Señora del Rosario and following the delightful Angosturas footpath, which runs along a walkway parallel to the river, next to the road.

INTERESTING FACTS

The beauty of the Angosturas del Guadalmina path and its proximity to the great Costa de Sol conurbation make this natural pool one of the most popular and visited pools in the province of Málaga. If we add to this that this is where one of the most attractive and easiest canyoning descents in Andalusia begins, the reader will appreciate just how many people visit this beauty spot and just how much public access to this area needs to be controlled. The pool itself is a formidable and very deep swimming hole that can only be reached by jumping or climbing down a set of steel rungs. There is not much space to linger and there is direct sunlight throughout most of the day.

Please Note

Be careful if you decide to jump. It is high enough to warrant extreme caution should you decide to do so. If you have a helmet, a thin wetsuit and a 6 m rope to belay your descent at a small dam, you can go down the Guadalmina canyon, which starts at this pool and ends at the Charco de los Tubos, also frequented by swimmers. The name of this pool comes from some disused pipes lodged in the rocky wall. This route takes about 2 hours. These spectacular karst canyons and their darkest recesses are most satisfying to explore. However, to enjoy the route safely, visitors are well advised to hire the services of an adventure tourism company. The return journey can be made on foot along the pedestrian footpath running parallel to the road.



Coordinates:

x: 317466 / y: 4043461 / z: 108 m

Location: easy

Access: complicated

Protected Area: not included